



Pembrokeshire Duathlon
Sunday 25th May 2008, Neyland
5k run / 22k bike / 2.5k run



ENTRY FORM – RELAY TEAM

Please complete ALL boxes

Note: usually a relay team will be made up of 3 people – one for each run, and one for the cycle. We will also accept entries from teams of 2, one of whom must do the first run, and the other the cycle, but either may do the final run. Race information will be sent to the main contact, ideally someone with e-mail.

MAIN CONTACT

Name			
Address			
Post Code			
E-mail (please print clearly) *			
Tel. No(s).			
Male / Female			
Relay Team Name			
Category (please circle)	Female	Male	Mixed
Club (if any)			
British Triathlon Member?	Yes / No	If yes, membership no:	
Date of birth **		Age on 31/12/08	

T-shirt size required (please tick):

Youth L Youth XL Small Medium Large X-large

TEAM MEMBER 2

Name			
Address			
Post Code			
Tel. No(s).			
Male / Female			
British Triathlon Member?	Yes / No	If yes, membership no:	
Date of birth **		Age on 31/12/08	

T-shirt size required (please tick):

Youth L Youth XL Small Medium Large X-large

TEAM MEMBER 3 (if different from either above)

Name			
Address			
Post Code			
E-mail (please print clearly) *			
Tel. No(s).			
Male / Female			
British Triathlon Member?	Yes / No	If yes, membership no:	
Date of birth **		Age on 31/12/08	

* Only include if you are willing to receive confirmation / race pack via e-mail

** minimum age 17 years for cycle, 15 years for either run (age as at 31/12/08)

T-shirt size required (please tick):

Youth L Youth XL Small Medium Large X-large

Entry fee enclosed (please tick one):

Relay team: 2 people £29

Relay team: 3 people £38

Please make cheques out to: PEMBROKESHIRE TRIATHLON CLUB

British Triathlon members will each receive a £2 refund on production of a current membership card at registration ONLY. For non members, the entry fee includes provision of a day licence.

Return this form, with your cheque & an A5 S.A.E. for the race information pack (NOT NEEDED IF YOU HAVE PROVIDED AN E-MAIL ADDRESS), to: **Pembrokeshire Duathlon, c/o 18 Heritage Park, Haverfordwest, Pembrokeshire, SA61 2QF**. Please do not post entries that will arrive after the closing date of **SATURDAY 3rd MAY**.

Disclaimer:

We declare that we will abide by the rules of British Triathlon and accept that British Triathlon and its agents, and the event organisers and their associates, are not liable for any loss, damage, claim or expense which may arise as a consequence of our participation in this event. We will cycle with care and attention and abide by the normal rules of the road. We are of good health and compete at our own risk

Signed:

Date:

(Signed by main contact)

Remember to enclose your **completed entry form, cheque & an A5 size S.A.E.** (ONLY if you are NOT on e-mail). Results will be available on race day as a hard copy at the presentation (for a small fee), and on-line on the evening of the race (www.onlineraceresults.co.uk).